

Year 6

THIS IS ME!

Transition Booklet



Our vision is to provide an inspirational environment for all our students to thrive and flourish. Our core values of Respect, Achievement, Community, Enjoyment and Relationships are at the heart of school ethos and guide us daily in our endeavours.



Dear Year 6 Pupil,

We hope you are excited to be joining Bitterne Park School in September, we are very much looking forward to meeting you.

Please complete this booklet in your own handwriting.

You do not have to fill up all the space, but it will help your new teachers to get to know you.

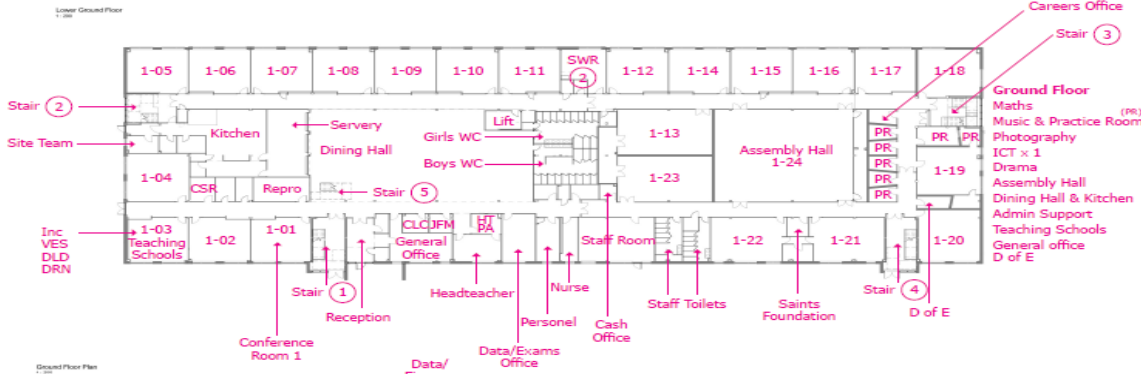
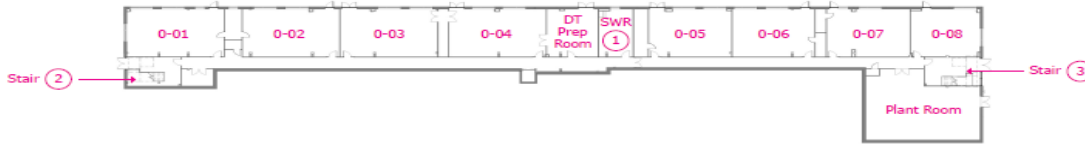
Please bring this with you to Bitterne Park School in September and hand it to your Tutor.

Thank you.

My name:

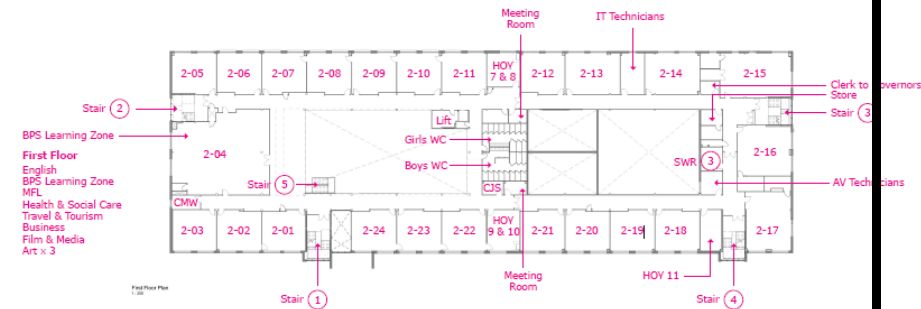
My primary school:

Lower Ground Floor
 Food
 RM
 Textiles
 Art x 1
 Hair

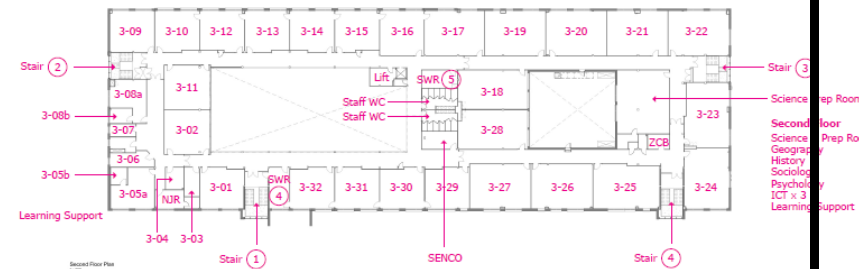


Ground Floor Plan

One of the most common questions we get asked is what happens if I get lost? To help you navigate your way round, create your own picture map, to help you on your first few weeks at school. Check out our website, for a link to a video tour of the building.



First Floor Plan



Second Floor Plan





My name is Miss Taulbut and I will be your Head of Year. I cannot wait to meet you all. Here is a word search to give you an insight on what to expect at BPS.

S P I H S D N E I R F M A R S
 T N S V X T C A C H J P T Y Y
 Y T N E M E V E I H C A T T J
 O T M Y M K U W P B B J E N R
 U T I G E N R X T I I I N E H
 K B F N I S R O F T Y J D M Y
 F E C F U E G S W T K Y A Y T
 Z G O P S M D J S E F W N O I
 P R K P A R M L I R M N C J L
 M H E M A S F O M N B O E N A
 L C C W B R T O C E P B H E U
 T R E L A T I O N S H I P S Q
 A R N Q Z J X O R K Z Q M N E
 R U O I V A H E B A F C M H K
 C B Z P U N C T U A L I T Y H

Achievement	Attendance	Behaviour
Bitterne	Community	Enjoyment
Equality	Friendships	Homework
Pastoral	Punctuality	Relationships
Respect	Rewards	Uniform

My name is Miss James and I will be your Assistant Head of Year. I am very much looking forward to seeing all your smiley faces in September. Now let's find out a little about you....



Using the letters in your name, find a word that best describes you for each letter.

- M**-Motivational **I**-Individual **S**-Sporty **S**-Supportive **J**-Jolly **A**- Aspirational
M-Magnificent **E**- Excited **S**-Smile



Welcome Year 7! My name is Mr Cove and I am the Head of School for KS3. Here at BPS we love a challenge, so here's a fitness one to get you started on your journey here at BPS. Spell your name....

A	15 x Ankle Touches	N	15 X Leg Raises
B	15 x Burpees	O	10 X Press-Ups
C	2 Min – Shuttle Runs	P	10 Jump lunges
D	15 X Tricep Dips	Q	20 x Superwoman
E	1 Minute – Elbow Plank	R	15 X Sit-Ups
F	1 min - Heel Flicks	S	1 Minute – Side-Steps
G	30 X Calf Raises	T	20 X Step - Ups
H	10 X Switch Kicks	U	10 X Floor Hops
I	20 X Star Jumps	V	1 min – Wall Sit
J	1 min - High Knees	W	20 X Squat Jumps
K	15 X Lunges (each leg)	X	20 X Box jumps
L	10 X Mountain Climbers	Y	10 X Tuck Jump
M	30 seconds – Press-up Plank	Z	20 x Squat Thrusts

PROGRESS PASSPORT

Primary School:

PERSONAL TARGET FOR HIGH SCHOOL

Target 1

Target 2

Target 3

Who can help you to achieve these targets?



How are you feeling?

What are you most excited about this year?



1

2

3

Best friends name(s)

What are you most nervous about?

1

2

3



SURNAME:
FORENAME:
PREFERRED NAME:
DATE OF BIRTH:
NATIONALITY:
AGE:
FAVOURITE SPORT
FAVOURITE FOOD:

Draw your schools logo

ACADEMIC PROFILE

Favourite Subjects

1

2

3

Strongest subject

Subjects you would like to improve

1

2

3



Tell me all about you!

✓ Fill this page with everything your classmates and teachers should know about you

ACTIVITIES

You must create the following:

1. A picture of you
2. Write down lyrics from two of your favourite song
3. Using emoji's draw your favourite day.
4. When I grow up, I want to be....
5. Mind map all your favourite films and TV shows.
6. Draw a picture of your favourite animal or pets you may have.
7. Name two extracurricular clubs, you would like to see.

A white box with a blue border and a small blue box with the number '2' in the top-right corner. It contains four horizontal dashed lines for writing lyrics, with double quotation marks at the beginning and end.A white box with a blue border and a small blue box with the number '7' in the top-left corner. It contains four horizontal dashed lines for writing.

Food!



A common worry is usually-What food do the canteen serve? When is lunchtime?
Below is a selection of what we offer, to fill your brains full of energy.



You can bring a packed lunch or get a school dinner, using cashless catering. Lunch is 1.20-2pm, but don't worry we will give you an early lunch to find your feet initially.

Flapjacks

- 120g porridge oats
- 60g softened butter
- 60g light brown sugar
- 1-2 tbsp golden syrup



1. Heat oven to 200C
2. Mix everything really well in a bowl.
3. Grease baking tin and pour mixture in pushing everything down with the back of a spoon.
4. Cook for 10 mins until golden brown.
Mixture will be soft when it's removed from the oven. This is normal and will harden as it cools.

Cookies

- 115g butter, softened
- 55g caster sugar
- 140g plain flour
- 40g chocolate chips



1. Heat oven 180C
2. Beat the butter and sugar or until fluffy
3. Mix in the flour and chocolate chips with your hand on till you have a dough
4. Roll the dough into walnut sized balls and flatten with your palm
5. Put them on to a baking tray slightly apart and cook for 10-12 min

Pancakes

- 100g self-raising flour
- 50g caster sugar
- 1 egg
- 4 x 15ml milk
- Pinch salt



1. Mix dry ingredients
2. Add egg
3. Beat in milk 15ml at a time.
4. Heat up pan on med/low heat with no oil.
5. Pour in some mixture
When you begin to see air bubbles on the top of the pancakes you can now turn them over.

Chocolate Brownies

- 200g caster sugar
- 115g butter, melted
- 30g cocoa powder
- ½ tsp vanilla extract
- 2 eggs
- 115g plain flour
- Pinch baking powder
- Pinch salt



1. Heat oven to 180° C
2. Mix the ingredients in the order above.
3. Pour mixture into a greased tin
4. Cook for 10-15 mins
Allow to cool in tin before slicing and serving

Cheesecake

- 250g digestive biscuits
- 100g melted butter
- ½ tsp vanilla extract
- 600g full fat soft cheese and
- 100g icing sugar
- 284ml pot of double cream



1. Crush biscuits into crumbs
2. Mix with melted butter, then firmly press into a greased cake tin.
3. Chill in the fridge for 1hr
4. Mix cheese, vanilla and icing sugar until smooth, then spoon mixture over a biscuit base.
5. Leave to set in fridge overnight.

Sugar Doughnuts

- 250 g plain flour
- ½ tsp of salt
- 70g cold unsalted butter
- 1 tsp of baking powder
- 408ml milk



1. Mix all the ingredients apart from the milk. Until it looks like a breadcrumb texture.
2. Slowly add the milk - *you may not need it all.*
3. Create a firm-ish dough.
4. Roll out to about 1 cm thick. Cut doughnut shapes (*you can use 2 circle cookie cutters*)
5. In a pan/fryer heat oil
6. Slowly add the doughnuts in and flipping over every so often, fry until golden brown.
Take out, and then dip in sugar.



Another common worry is homework. 'What happens if I am unsure on how to complete my homework? Or it is too hard for me?'

Task: Have a go at writing an email to a teacher, asking for help on a piece of homework.
Top tip-Make sure this is before the deadline 😊

The image shows a screenshot of an email client interface. The window title is "Untitled - Message (HTML)". The ribbon includes the following tabs: File, Message, Insert, Options, Format Text, Review, and Help. The "Message" tab is active, showing various options for composing an email. The ribbon groups include: Clipboard (Paste), Basic Text (Font face: Calibri (Body), Size: 11, Bold, Italic, Underline, Bulleted List, Numbered List, Decrease Indent, Increase Indent, Text Color, Background Color, Paragraph, Undo, Redo), Names (Address Book, Check Names), Include (Attach File, Attach Item, Signature), Tags (Priority, Flag), Voice (Dictate), and My Templates (View Templates). Below the ribbon, there are fields for "To...", "Cc...", and "Subject". A "Send" button is located to the left of these fields. The main body of the email is a large, empty text area with a vertical cursor at the top left.

COMPETITION TIME



We now know a lot about you, but what about us? Using the school website, find the answers to the questions below.

1. Name any food offered in the canteen on the 'Week two menu'.
2. Name at least three extracurricular clubs you can get involved in here at BPS.
3. Which subject is Mrs MacDonald the Head of?
4. The key stage three office is where you will find Miss Taulbut and Miss James, but what subject classrooms are either side? (Hint-you may need to refer to your map above).
5. In which subject may you find Miss Lord?
6. Name all 5 of BPS values
7. In which subject would you find Mr Tripp?
8. Here at BPS we love to 'Get out and about' with our banner, on lots of exciting trips. But where did the BPS recruitment team go?
9. What new sports facility did BPS officially open in May 2019?
10. Name the subjects Miss Taulbut and Miss James teach at the school, alongside looking after their year group.



