



**"Learning to be the best we can!"**

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Dear Families

### **Universal Free School Meals (UFSM) and Free School Meals (FSM)**

Universal Free School Meals (UFSM) can be enjoyed by all children in year R, 1 and 2 and offers every child a tasty and well balanced meal (an example menu has been attached). However, you could also be eligible for some free uniform annually and free milk every day if you register for Free School Meals (FSM). Please ensure you complete page 7 of the Pupil Registration Form so we can check your eligibility, you can also search 'Free School Meals' on the Southampton City Council website and use the online eligibility checker.

### **Allergies**

In school we have a small number of children who suffer from certain allergies. We are a **nut free school** and ask that you please do not send your child with any food products which contain nuts. If your child does bring a packed lunch, we would like to ask parents to help us in encouraging their child to eat their own food and **not** share it among friends.

**If your child suffers from a food allergy or requires a special diet please visit the online City Catering dietary portal, (Leaflet attached for more details) they will then devise a special menu specifically designed for your child. Please also provide medical evidence to ourselves as soon as possible by either emailing [admin@bitternemanor.net](mailto:admin@bitternemanor.net) or via hard copy to the school office so we can ensure a health care plan is put in place.**

### **City Catering Menus**

To try and make life easier City Catering upload the current menu for each school onto their website. [www.citycateringsouthampton.co.uk/schoolmenus](http://www.citycateringsouthampton.co.uk/schoolmenus)

Simply scroll down the page and select Bitterne Manor Primary School from the list. Here you will be able to :-

- See photos of what's for lunch each day.
- Look ahead for the whole school term.
- See information regarding allergens

If you have any questions please do not hesitate to contact us.

Yours sincerely

Mrs K Niziolek  
Business Manager

